



Perfect Pets News



Tips, advice and some fun facts about our best friends!

Welcome to the September issue of the newsletter. If you've yet to have any summer fun with your best little friends, now is always the best time to get out and do it! Before we know it the season of family festivities will be here which means an abundance of treats for us all.

Because the seasonal changes usually affect our lifestyles, this is an excellent time to prepare a health and fitness regimen for ourselves and for our dogs. It's certainly tempting to lounge around and fill up on goodies as we greet the cooler weather, but then, as you know, we tend to regret it come springtime!

You may have noticed your dogs eating less over the past few months, as some of them tend to have a smaller appetite during the summer. Your dog may have even stopped eating altogether for a few days, which is normal so long as they act and appear healthy otherwise. But toward the end of this month, they'll likely be eating as much as they can get their paws on.

You do not want to give your dogs as much as they feel like eating, of course, and you may need to adjust their food portions depending on their size, age, breed, and level of activity. A twice daily, measured feeding is a good way to prevent overeating, and you'll want to restrict the number of treats they get as well.

To help them keep a healthy weight and a nice look to their coat through this transition, be sure to give them quality foods, routine grooming, and enough exercise to burn any extra calories. An intake of extra energy (food) with a lower level of output (exercise) can leave us all feeling sluggish and overweight.

So, ask yourself what you can do to make this a fun and healthy transition. It's never too late to get into an exercise schedule, and autumn really is a lovely time for going on long walks with the dogs. If you have difficulty convincing yourself to get out there each day, (we all do sometimes), remember that rewards are just as motivating for us as they are for dogs. Reward yourself with a special treat for keeping your dogs active, and you'll find it all the more rewarding when you're both feeling and looking great!

For more information on healthy feeding, please see Page 3 of this month's issue. Hopefully you'll find the information here very helpful, and that you have a wonderful time with your dogs until we meet again.

Kathy

Pets of Perfection Pet Spa

Professional Pet Grooming Consultants, Inc.

7730 Boynton Bch. Blvd Ste. 10 Boynton Beach, FL 33437

Call: 561-369-0913

Email: petsz@att.net

Your Perfect Pet Deserves the Best!

Pets of Perfection Pet Spa

is a full service pet grooming
and styling salon offering:

- * **Expert hand** *
- * **Scissoring** *
- * **Therapeutic Skin Treatments** *
- * **Hydro Massage** *
- * **Terrier Hand Stripping** *
- * **Show Styling and Pet Grooming** *
- * **Cat Grooming** *
- * **Fancy Collars, Leads &
Accessories** *
- * **Designer Pet Carriers** *

A Wonderful World of Dogs!

! Kiko, a Jack Russell terrier, chewed off his owner's toe—but saved his life by doing so. According to *Orange News*, Kiko's owner had undiagnosed Type II diabetes that had caused an infection in the bone of his toe. He knew there was something wrong with it but hadn't sought medical attention. When he was passed out from drinking one night, Kiko bit the toe off! Hospital staff amputated what was left to remove the rest of the deadly infection.

! Cruiser, a 'Puggle' mix, has been helping her owner with a residential inspection business by sniffing out bedbugs. According to *The New York Times*, trained dogs can detect a single bug or egg in minutes with 96 per cent accuracy, whereas human inspectors need hours to find them. Bedbugs have been a problem in major cities like New York due to travellers, but dogs like Cruiser are helping citizens get rid of them.

Did You Know?

Dogs don't know what you're referring to when you point at something; they watch the tip of your finger, instead.

When dogs put their chests and front paws against the floor with their hind ends up in the air, it's a 'bow'—a signal that they're feeling playful. You can mirror this behaviour to them when you want to play.

"Man's best friend is what we say, so give your friend a big treat today"

On the Road with Kathy: Brazil 2010

I feel so fortunate having the opportunity to travel the world doing what I love, grooming and teaching! My first international trip of 2010 was to the continent of South America. Pet Fashion Week, Sao Paulo is the Brazilian edition of a respected American event focused on the fashion and retail market of the pet industry and is a unique venue for the elite in the pet industry. PFW was created more than 5 years ago, by Mario DiFonte, with annual events in New York and Japan. Over 5000 attendees visited the various booths, contests and magnificent runway fashion shows exhibited in the striking WT Convention Center in Sao Paulo.

I was honored to be brought on board to judge the grooming contest and provide seminars on the latest techniques and styles in the grooming world. The stage was a stunning back lit structure and each member of the audience was equipped with personal headphones for simultaneous translation into Portuguese. I even had a star worthy dressing room! This was an event that I will remember for years to come!

Following the "vocational" segment of the trip, I enjoyed some much needed R&R. The first stop was the infamous Rio Di Janeiro. The mountain side beaches are breathtakingly beautiful. The harbor is surrounded by spectacular geographic features including Sugar Loaf Mountain, Corcovado Peak, and the hills of Tijuca. These features work together to collectively make the harbor one of the Seven Natural Wonders of the World.

Dining was an adventure of culinary delights, with a visit to an authentic Brazilian steak house called a Churrascaria. Gaucho chefs expertly prepare meat on open fire pits and carve the various delicacies at the table. Even if meat is not for your pallet, the salad bar is overflowing with every imaginable vegetable, salad, fruit and dessert! The local drink, called Caipirinha, is Brazil's national drink and quickly became my favorite refreshment!

What trip to South America could be complete without a jaunt to the Amazonian rain forest? Next destination on the itinerary: an adventure at a remote lodge, wedged deep in the jungle and seated on the shoreline of the Negro River. The lodge was elegantly rustic and in tune with the "Green" movement of preserving the Amazonian jungles.

The Negro river is the largest black water river in the world. While the name *Rio Negro* means *Black River*, its waters aren't exactly black; they are more red tinted, similar to strong tea. The dark color comes from incomplete breakdown of vegetation. The river's shoreline is pristine and the water velvety. Because of the high acidity there are no parasites in the waters and very few insects on the shore.

Can you imagine fishing for piranha and then swimming in the same river? I DID! I even went caiman spotting at night! I was a little nervous about swimming in the river because of the piranhas, but the guide whispered, "Don't worry about the piranhas... the caimans eat them." (Caimans are kind of like little crocodiles!) Becoming more anxious, I asked about the caimans and he replied, "Don't worry about the caimans.... The anacondas eat them." Now alarmed, I inquired about the anacondas! "HA! HA!" He exclaimed. "Gotch ya... the giant flesh devouring piranha is only for the movies and the ones indigenous to that particular area are only about two or three inches! No worries about the piranha, caiman, or anaconda." "Hmm" I thought, "which part of his narration do I believe?"

The expedition finale brought us to the city of Manaus. The Meeting of Waters is the confluence between the [Rio Negro](#), described above and the latte-colored [Amazon River](#). For about three and a half miles the river's waters run side by side without mixing. This phenomenon is due to the differences in temperature, speed, acidity and water density of the two rivers. It is one of the main [tourist](#) attractions of Manaus.

This adventure was one in a lifetime and I thoroughly enjoyed the ambiance and mystical beauty of both the country and the people, especially the talented Brazilian Groomers!

Next month:

**Seoul City
South Korea**



Ideal Weight for Dogs!

When reviewing the best foods and exercise regimens for your dog, one thing to consider is whether your dog is at an ideal, healthy weight for its size and breed.

Most dogs that appear to be at a healthy weight are actually a bit too plump for their own good. In most breeds, you should be able to see their last few ribs and be able to feel those ribs with a gentle touch. Those last few ribs should not stick out too far, but they should not be completely hidden either.

A fit and trim dog should have some curves to their body shape, as well. When this is not the case, it really is important that we do all we can to help them lose any extra weight. The excess load can be detrimental to their joints and vital organs.

Sometimes an overweight dog is suffering from an illness such as hypothyroidism, for which they need medical treatment. But in most cases, we can do a lot for our dogs' weight problems by reducing their food, increasing their exercise, and cutting back on all those treats we offer them.

This isn't always easy, of course, but their health and happiness is definitely worth the effort!

Newsletter Copyright!

This newsletter is provided to you every month so that we can give a little bit extra back to you. The content has been carefully selected in order to provide you with the best possible information. Hopefully you find it entertaining and useful.

Much of the information and articles have been sourced from a Dog Grooming publication company and it is strictly copyright protected. So we're afraid it can't be copied or re-used. If you are ever given a newsletter from another groomer with similar information and articles, we'd be grateful if you'd let us know.

Word Scramble Answer:

'Dogs are not our whole life, but they make our lives whole.'

Pets of Perfection Pet Spa

Call for an appointment today.

Tel: 561-369-0913

- ✓ Have your pet gorgeously groomed so that she is left looking and smelling wonderful. You'll be delighted with how she'll look and you'll be so proud to show her off to your family and friends.
- ✓ You'll never have to worry when you leave your pet with us. She'll be groomed in a clean, relaxed environment where only the best and safest products are used.
- ✓ Help and advice is freely given so you'll always have someone to turn to if you ever have a problem or a worry about your little friend.
- ✓ We use a calm, 'tender loving' approach when grooming, where patience, praise and kindness is assured.

Your Feline friend can be a "Perfect Pet" too.

Pets of Perfection

Specializes in grooming Cats

Please submit your questions, concerns and ideas! We would love to receive your input!

petsz@att.net

Get This Newsletter Every Month!

To continue to provide you with information, help and a little bit of fun, we publish this newsletter at the beginning of every month. There will always be a copy available for you.

To subscribe to Perfect Pets News:

Email: petsz@att.net

Call: 561-369-0913

Pets of Perfection Pet Spa *Professional Pet Grooming Consultants, Inc.*

7730 Boynton Bch. Blvd Ste. 10 Boynton Beach, FL 33437

Call: 561-369-0913

Email: petsz@att.net

Your Perfect Pet Deserves the Best!

The information provided in this newsletter and on any additional documents herein is for guidance purposes only. It must not be construed as veterinary or legal advice. Always seek fully trained veterinary advice if you have a health issue with your pet. As far as is reasonably practical the publisher endeavors to ensure that this information is accurate and correct. However the publisher cannot be held responsible for inaccuracies, omissions or mistakes. Neither can we be held liable for any damages, howsoever caused, resulting from the information contained in this document.

If you no longer wish to receive this newsletter please let us know.